

Module 1: Values Exercise from the revised *Wealth On Any Income* book page 28. List as many values that you feel apply to you, one each, on a 3x5" card. Place the most important value on the top of the stack. Shuffle them around as needed, and discard all but the top three to five values.

ACCOMPLISHMENT: Aspiring for excellent, making a lasting contribution.
ADVENTURE: Seeking thrills and excitement.
AESTHETICS: Appreciating beauty, art, music and so on.
AFFECTION: Love; being intimate and sensitive to another.
APPEARANCE: Physical attractiveness, sex appeal.
COMMUNITY: Participation in a social, business or geographic group.
COMPETITION: Winning, enjoying games against opponents.
COOPERATION: Participating with others, involved in team.
CREATIVITY: Being innovative, imaginative, solving problems.
DEVOTION: Strong, spiritual beliefs, faith, transcending self.
ECONOMIC SECURITY: Comfortable life, freedom from economic worry.
EDUCATION: Having a high level of training and culture; being well-informed.
EMOTIONAL WELL-BEING: Peace of mind, contentment.
EXCITEMENT: Adventure, new experiences, challenge.
EXPERTNESS: Being considered an authority.
FAMILY: Taking care of loved ones.
FREEDOM: Capacity to exercise free will; control one's path.
FRIENDSHIP: Closely knowing and being known by others.
HEALTH: Physical well-being.
HELPING OTHERS: Service and concern for the less fortunate, assuming social responsibility.
HONESTY: Being truthful and open with others.
INTEGRITY: Soundness of moral character.
INTELLECT: Using one's mind, acquiring knowledge.
LEADERSHIP: Being influential, persuasive, in command.
LOVE: Feelings of warm attachment and strong affection toward others; a desire for others' well-being.
LOYALTY: Sense of duty to others.
MONEY: Acquiring wealth.
PERSONAL GROWTH: Developing and using one's potential.
PLAY: Having fun; enjoying sports, games and so on.
POWER: Ability to dominate or control others; position of authority.
PRESTIGE: Gaining fame, respect, admiration.
PROMOTIONS: Career advancement.
RELIGION: Devotion to specific organized beliefs, practices or worship of god(s).
SECURITY: Free of danger, excitement or anxiety; firmly fixed.
SELF-ACCEPTANCE: Comfort with one's own strengths and limits.
SELF-CONFIDENCE: Faith in own talents and abilities.
SELF-CONTROL: Ability to inhibit expression of undesirable feelings and behaviors.
SEX: Seeking, enjoying physical pleasure.
SPIRITUALITY: Influenced by sacred or divine belief in the soul or god within all.
STABILITY: Order, predictability, an individual or world at peace.
STATUS: Position or rank of self in relationship to others.
WEALTH: Acquiring money and physical possessions.
WISDOM: Acquiring or possessing understanding and insight.
Now, determine the top 1, 2 or 3 of your values, and number them accordingly.